



Fall Activity Guide for Infants *(0-18 Months)*

MONTESSORI-INSPIRED PLAY IDEAS FOR DEVELOPMENT



Robbins Nest Child Care Services
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Welcome to our Fall Activity Guide! These Montessori-inspired activities are designed for infants 0-18 months, focusing on sensory exploration and development. Each activity is simple to do at home and perfect for celebrating the season with your baby.

While these activities are designed to be safe and beneficial for infants, it's important to always supervise your child closely during playtime. Ensure that all materials used are age-appropriate and free from choking hazards, especially when working with small objects like leaves, pinecones, or acorns. For infants who are still mouthing objects, opt for larger, non-toxic items that cannot be swallowed. Be mindful of any allergies or sensitivities your baby may have to natural elements such as leaves or plants. Always inspect the environment and materials to ensure they are clean, safe, and suitable for your child's age and developmental stage. Your child's safety is paramount—never leave your baby unattended during any of the activities in this guide.

Let's have some fun!





1. FALL SENSORY BIN

Age: 3-18 months

Materials: A bin, dried fruits, leaves, pumpkins, pinecones, etc.

Instructions: Fill the bin with natural fall items for your baby to explore different textures and shapes. If your child can't sit yet, have them play during tummy time.

Developmental Benefits: Encourages sensory and tactile development, motor skills.





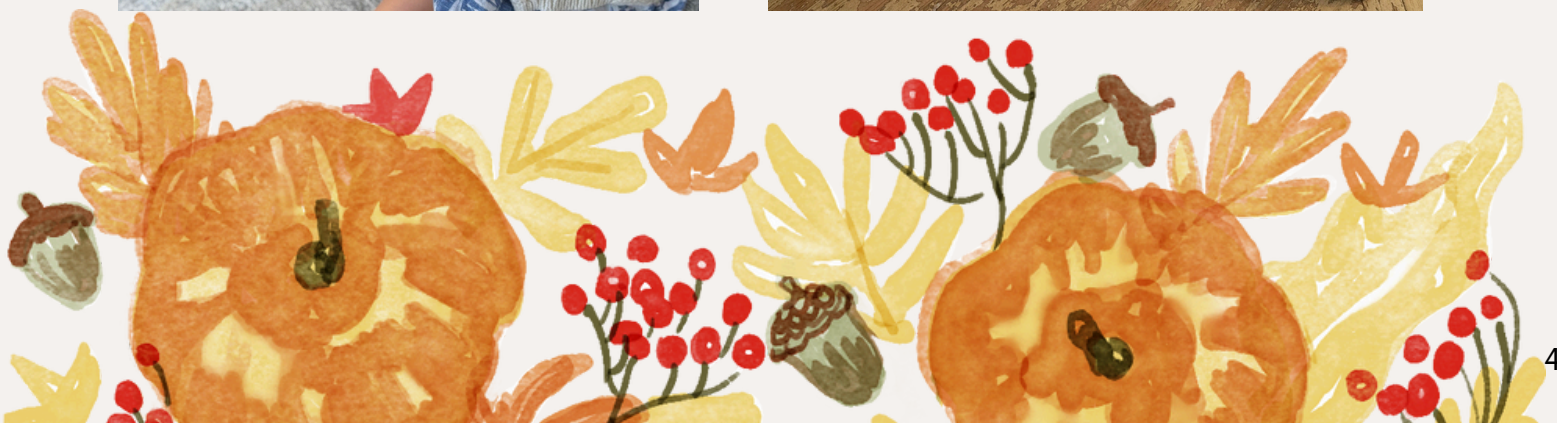
2. NATURE WALK

Age: All ages

Materials: A stroller or carrier, if needed.

Instructions: Take your baby on a walk to experience the sights and sounds of fall. You can collect leaves to make pressed leaf frames for decorating. Press kit from Target's Mando Lama brand.

Developmental Benefits: Stimulates visual and auditory senses, promotes bonding.





3. LEAF PAINTING

Age: 4-18 months

Materials: Leaf cut out of cardboard or other material that can be painted.

Instructions: Cut out a leaf shape and place it into a Ziplock bag. Add some paint and let your child play.

Developmental Benefits: Promotes motor skills and color recognition.





4. PUMPKIN PLAY DOUGH

Age: 12-18 months

Materials: 1 8 oz can pumpkin puree, 1 8 oz box cornstarch, mixing bowl & spoon, items to play with the dough.

Instructions: Mix pumpkin puree and cornstarch together until a dough is formed. Allow your baby to feel and play with the dough.

Developmental Benefits: Encourages creativity, tactile sensory exploration, hand-eye coordination,





5. PUMPKIN TOSS

Age: 9-18 months

Materials: Soft pumpkins, a basket or other decorative bin.

Instructions: Take turns playing toss with your little one. Show your child how to toss the pumpkins into the bucket and empty it out again.

Developmental Benefits: Gross motor skills, hand-eye coordination, social interaction and turn taking.





We hope you enjoyed these fall activities! Remember, every moment of play helps your baby grow and explore the world.

Tag us @RobbinsNestNursery on Instagram and Facebook with photos of your little one enjoying these activities!



Please visit our website www.RobbinsNestChildCareServices.com or follow us on Instagram and Facebook for more tips and ideas.

